

10 MEN'S HEALTH PROJECTS YOUR DONATIONS FUNDED IN 2025

Over 285,000 people took part in Movember in 2024 – raising much-needed awareness and funds for men's mental health, prostate cancer and testicular cancer.

We're humbled to put your funds to work to change the face of men's health.

Check out 10 projects made possible by the Movember community over the last 12 months.

01

NEW REPORT: YOUNG MEN'S HEALTH IN A DIGITAL WORLD

Social media plays a huge role in young men's lives. The rise of 'male and masculinity' influencers has made global headlines. But what do young men themselves think? We asked 3,000 guys about their experiences online—here's what we found. [Find out more.](#)

02

FROM PROMISE TO PROGRESS: RECIPIENTS OF INDIGENOUS WELLBEING GRANTS ANNOUNCED

Health outcomes for First Nations men are staggeringly out of step with national and international standards. Over the next seven years, we'll invest AUD \$17.6M into community-led solutions that centre culture as a protective factor for health and wellbeing. Starting with two \$900k grants announced in July this year. [Find out more.](#)

03

MOVEMBER-FUNDED STUDY GIVES PEOPLE WITH INCURABLE PROSTATE CANCER MORE TIME

Research findings from a Movember-funded clinical trial reveal a world-first combination treatment approach that has led to longer lives, with less pain and fatigue, for people with incurable prostate cancer. [Find out more.](#)

04

BUILDING MENTAL RESILIENCE IN YOUNG AFL PLAYERS

Movember and the AFL are on a mission to improve the mental health of young people through footy. Movember Ahead of the Game – a youth mental health program – is rolling out to footy clubs across the nation with the incredible support of our partners. [Find out more.](#)

05

HOW WE'RE HELPING CLOSE EQUITY GAPS IN PROSTATE CANCER CARE

Where you were born. How much money you make. Your ethnicity, race and gender. These, and other factors, shape the cancer care you receive. Earlier this year, Movember announced AUD \$6.6 million, over three years, in 18 grants to create more equitable prostate cancer care. [Find out more.](#)

06

NATIONAL LAUNCH OF TRAINING PROGRAM FOR MENTAL HEALTH PROFESSIONALS

Half of men who die by suicide seek help first – exposing our mental health system's ability to engage men and keep them connected to care. Our training program, Men in Mind, equips clinicians with the tools, confidence, and skills to better connect with men before they reach crisis point. After years of testing, we're proud it's now available nationwide. [Find out more.](#)



YOUR SUPPORT MAKES WORK LIKE THIS POSSIBLE. [SIGN UP](#) OR [DONATE](#) TODAY.

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07

SIX NEW GRANTS TO MAKE PROSTATE CANCER CARE MORE PERSONALISED

Every man's experience with prostate cancer is unique. So their care should be too. We're investing AUD \$2.46M into six grants globally – two here in Australia – that will help clinicians tailor care based on symptoms and side effects a patient is experiencing. [Find out more.](#)

08

GETTING MORE YOUNG MEN TO KNOW THY NUTS

Testicular cancer is the #1 cancer among young men. But most guys don't know it. Our annual Know Thy Nuts campaign, held during Testicular Cancer Awareness Month in April, encourages young men to know their risk, know their nuts and know what to do if something doesn't feel quite right down there. [Find out more.](#)

09

LEVELLING UP MENTAL HEALTH IN ESPORTS

In late 2024, we announced a partnership with esports juggernaut BLAST. Over the last 12 months, we've worked together to reach tens of thousands of players and fans promoting the importance of mental health and healthy communities. Plus, we're working on world-first guidelines to better support players and make esports settings more psychologically safe. [Find out more.](#)

10

TRANSFORMING CANCER CARE FOR ALL AUSTRALIAN'S USING PATIENT-REPORTED MEASURES

We're working with the Australian Government and partners across the cancer sector on a project called the Pan Cancer Initiative. The goal? Enable the Australian healthcare system to personalise care based on the unique experiences of each patient. [Find out more.](#)



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